

Once a week participation in funded sports amongst people aged 14 years and over (October 2012 – October 2013)

Following the extension of the age range covered by the Active People Survey (APS), the results for the period October 2012 to October 2013 (APS7) are the first to include estimates of the percentage of people aged 14 years and over playing each sport.

Data from the Active People Survey (APS) underpins performance management of the National Governing Bodies (NGBs) that Sport England funds. As part of their Whole Sport Plans for 2013-17, most NGBs have participation targets based on the number of people playing their sport at least once a week. Revisions to targets to include the newly available 14-15 year old data will be discussed as appropriate with NGBs ahead of the start of the second year of funding in April 2014. Target measures will depend on the size and age profile of participation in each sport, covering either a split between people aged 14-25 years and 26 years and over, or simply people aged 14 years and over.

Figure 1: Once a week participation in funded sports by people aged 14-25 years (Oct 2012 – Oct 2013)

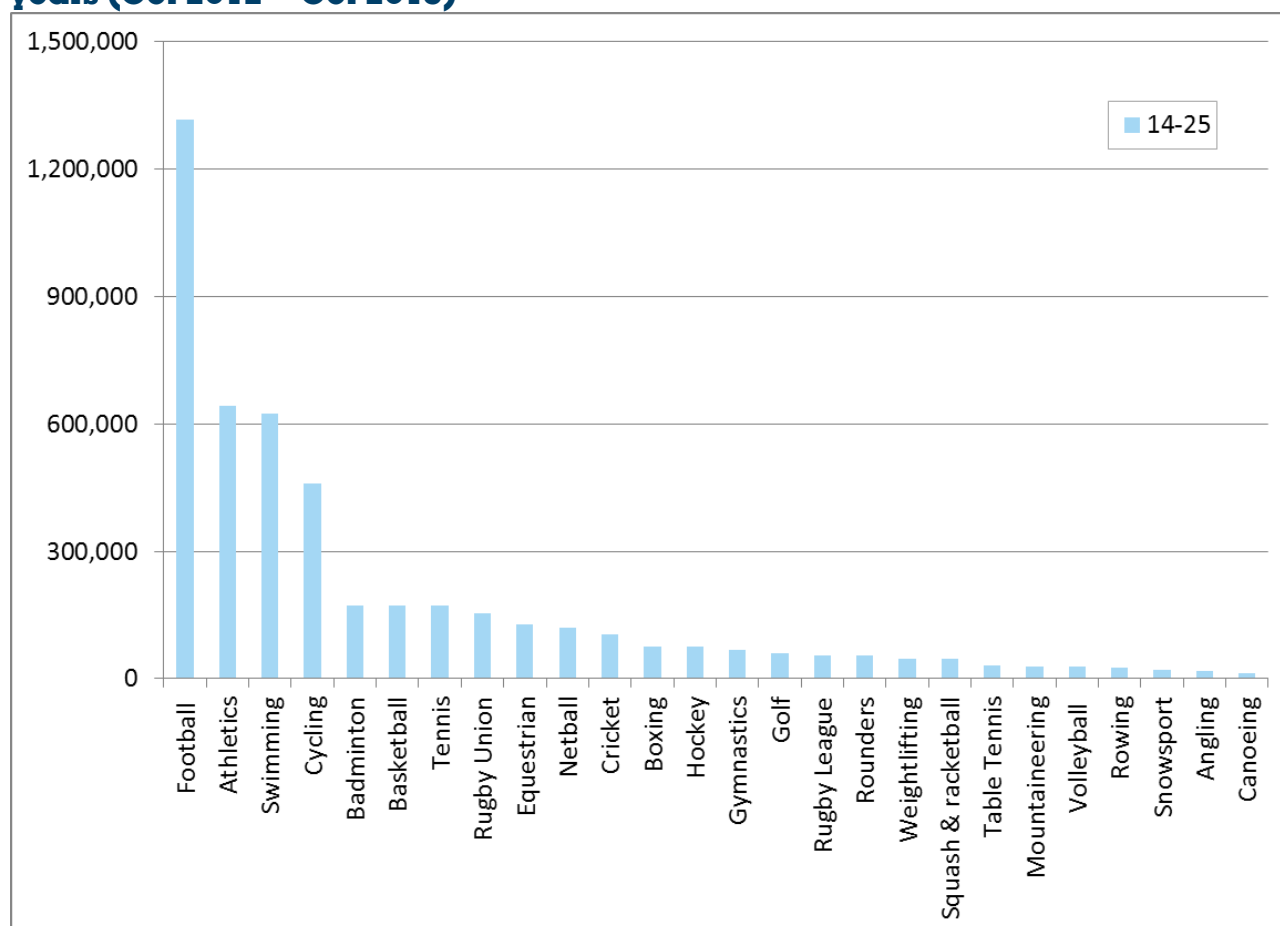
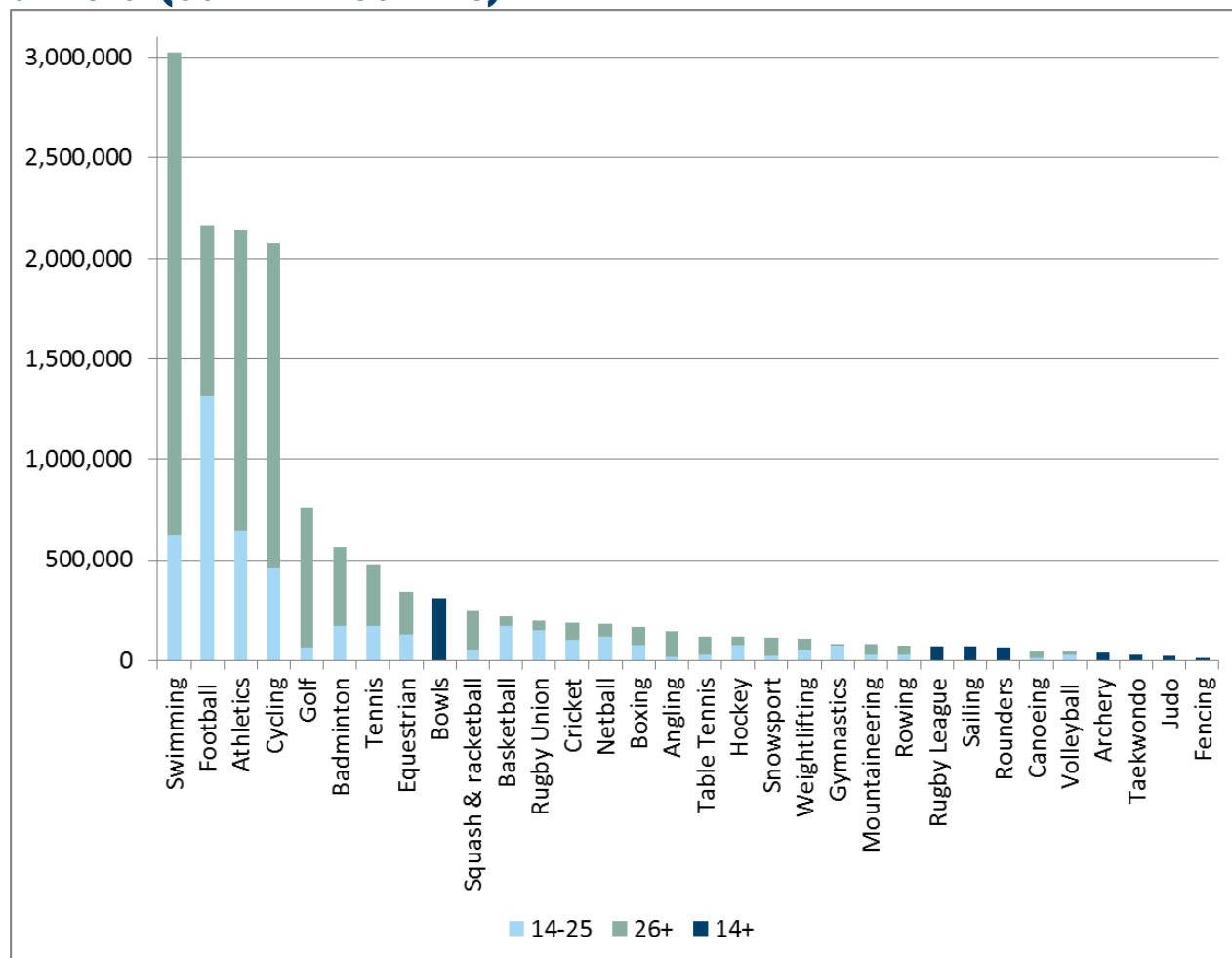


Figure 1 shows that amongst the 14-25 year old age group football is the most popular sport.

Figure 2: Once a week participation in funded sports by people aged 14 years and over (Oct 2012 – Oct 2013)



Source: Sport England's Active People Survey

Figure 2 shows that swimming is the most popular sport amongst people aged both 14 years and over and 26 years and over. Although the most popular sport amongst the 14-25 year old age group, football is only the second most popular sport amongst people aged 14 years and over.

Table 1: Once a week participation in funded sports (14 years and over)

1 x 30 sport indicator: Sport England NGB 13-17 Funded sports	APS7 (Oct 2012 - Oct 2013)					
	14-25		26+		14+	
	%	n	%	n	%	n
Swimming	7.56%	623,700	6.60%	2,399,700	6.77%	3,023,400
Football	16.09%	1,316,600	2.36%	851,200	4.86%	2,167,800
Athletics	7.81%	642,300	4.13%	1,494,200	4.79%	2,136,500
Cycling	5.56%	458,500	4.46%	1,619,200	4.65%	2,077,700
Golf	0.74%	61,300	1.91%	699,600	1.70%	760,900
Badminton	2.09%	172,900	1.07%	390,300	1.26%	563,200
Tennis	2.09%	171,600	0.84%	303,500	1.06%	475,100
Equestrian	1.54%	126,900	0.59%	215,300	0.77%	342,200
Bowls ¹	*	*	1.73%	264,300	1.73%	264,300
Squash and racketball	0.58%	47,500	0.55%	197,600	0.55%	245,100
Basketball	2.10%	172,200	0.13%	45,700	0.49%	217,900
Rugby Union	1.86%	152,800	0.13%	48,000	0.45%	200,800
Cricket	1.29%	104,800	0.24%	85,400	0.43%	190,200

1 x 30 sport indicator: Sport England NGB 13-17 Funded sports	APS7 (Oct 2012 - Oct 2013)					
	14-25		26+		14+	
	%	n	%	n	%	n
Netball	1.47%	119,800	0.18%	63,000	0.41%	182,800
Boxing	0.94%	76,900	0.24%	87,400	0.37%	164,300
Angling	0.22%	18,500	0.36%	129,100	0.33%	147,600
Table Tennis	0.38%	31,100	0.24%	88,400	0.27%	119,500
Hockey	0.90%	74,600	0.12%	42,700	0.26%	117,300
Snowsport	0.26%	21,600	0.25%	92,100	0.25%	113,700
Weightlifting	0.58%	47,900	0.17%	61,500	0.25%	109,400
Gymnastics	0.85%	69,100	0.04%	13,400	0.18%	82,500
Mountaineering	0.35%	28,700	0.14%	52,300	0.18%	81,000
Rowing	0.32%	26,100	0.13%	47,600	0.17%	73,700
Rugby League	0.69%	55,700	*	*	0.15%	67,300
Sailing	*	*	0.14%	51,600	0.14%	63,600
Rounders	0.66%	53,600	*	*	0.13%	59,000
Canoeing	0.17%	13,500	0.09%	32,200	0.10%	45,700
Volleyball	0.35%	28,700	0.04%	14,000	0.10%	42,900
Archery ²	*	*	0.08%	30,000	0.08%	37,600
Taekwondo	*	*	0.03%	11,200	0.06%	26,900
Judo	*	*	0.04%	14,500	0.05%	21,900
Fencing	*	*	*	*	0.02%	11,100
Baseball & Softball ³	*	*	*	*	*	*
Waterskiing ³	*	*	*	*	*	*
Basketball (Wheelchair) ³	*	*	*	*	*	*
Boccia ³	*	*	*	*	*	*
Goalball ³	*	*	*	*	*	*
Handball ³	*	*	*	*	*	*
Lacrosse ³	*	*	*	*	*	*
Modern Pentathlon ³	*	*	*	*	*	*
Orienteering ³	*	*	*	*	*	*
Shooting ⁴	*	*	*	*	*	*
Triathlon ^{3,5}	*	*	*	*	*	*
Wheelchair Rugby ³	*	*	*	*	*	*
Wrestling ³	*	*	*	*	*	*

1 The participation rate for bowls refers to the proportion of the population aged 55 or over participating for at least 30 minutes at any intensity
2 Archery figures include participation in archery of any intensity
3 Insufficient sample size for once a week participation result
4 Light intensity only sport
5 Triathlon participants are unlikely to compete every week. Built up from the three disciplines of running, swimming and cycling, triathlon contributes to the participation numbers for each of these activities.
Base sizes (number of respondents) are as follows: APS7 (Oct 2012-Oct 2013) - 165,191
Source: Sport England's Active People Survey

Notes

Unless otherwise stated, participation in each sport is defined as the number of adults in England who have taken part in the sport at moderate intensity for 30 minutes or more at least once in the last week (at least four days out of the previous 28 days).

The latest results are based on interviews conducted between October 2012 and October 2013. 165,000 adults in England (age 16+) were interviewed by telephone.

ONS population data from 2012 (APS7) has been used to provide population numbers.

For sports which have multiple disciplines, the following list highlights the disciplines currently included within each sport:

Angling: game fishing, coarse fishing, sea fishing, wheelchair sports - fishing

Archery: Archery, wheelchair sports - archery

Athletics: athletics field, athletics track, running track, running cross-country/road, running road, running ultra marathon, jogging

Badminton: badminton - indoor, badminton - outdoor

Baseball/softball: baseball and softball

Basketball: basketball - indoor, basketball - outdoor

Bowls: Bowls - Crown green, Bowls - Flat green outdoor, Bowls - Flat green indoor, Bowls - Short mat, Bowls - Carpet

Canoeing & kayaking: Canoeing & kayaking: canoeing, canoe polo, kayaking, whitewater kayaking, rafting

Climbing & mountaineering: climbing indoor, climbing rock, mountaineering, mountaineering high altitude, hill trekking, hill walking, bouldering, mountain walking

Cricket: Cricket (outdoors) - match, cricket (indoors) - match, cricket (outdoor) - nets / practice, cricket (indoors) - nets / practice, cricket - other

Cycling: Cycling is defined as adult participation at least once a week (four times in the previous four weeks), for 30 minutes at moderate intensity. Cycling includes recreational and competitive cycling but excludes any cycling which is exclusively for travel purposes only. Also includes BMX, cyclo-cross and mountain biking.

Equestrian horse riding, dressage, pony trekking, show jumping, three-day eventing, trotting, polocrosse

Football: Football (indoors) – small sided (e.g. 5-a-side), football (indoors) - other, football (outdoors) – small sided (e.g. 5-a-side), football (outdoors) – 11-a-side, futsal, football (outdoors) – Other

Golf: full course, golf - short course / par 3 / pitch and putt, golf - driving range, golf – putting

Gymnastics: gymnastics and trampolining

Hockey: Hockey - field (indoor), Hockey - field (outdoor)

Judo: Judo - contact, Judo - non contact

Netball: netball - indoor, netball – outdoor

Rowing: rowing - water based, rowing - indoor / rowing machine

Rugby League: Rugby league - 13 a side game, rugby league - tag rugby, rugby league - touch rugby, rugby league - other

Rugby Union: Rugby union - 15 a side game, rugby union – sevens, rugby union - tag rugby, rugby union - touch rugby, rugby union - other

Sailing: Windsurfing or Boardsailing, Jet ski-ing / aquabike / personal water craft, Sailing – dinghy racing (inc. multihull), sailing – dinghy cruising (inc. multihull), sailing – keelboat racing, sailing – keelboat cruising, sailing – yacht racing (inc. multihull), sailing – yacht cruising (inc. multihull), powerboat racing

Snowsport: snowboarding, skiing, skiing (barefoot), skiing (extreme), skiing (free), skiing (mono), skiing (parachute), skiing (ribbing), skiing (speed), skiing (grass or dry slope), telemark

Shooting: shooting, shooting (air rifle), shooting (clay pigeon), shooting (pistol)

Squash: squash and racketball

Swimming: all swimming and diving (indoor and outdoor), water polo, deep water swimming, open water swimming, deep water diving

Table tennis: table tennis - indoor, table tennis - outdoor, wheelchair sports - table tennis

Tennis: Tennis, wheelchair sports - tennis

Waterskiing: waterskiing, skiing barefoot (water), wakeboarding

Weightlifting: Weightlifting (Olympic) - Snatch / Clean & Jerk, Powerlifting Paralympic - Bench press, Weight training (free weights) - for specific sport

Wrestling: wrestling - cumberland, wrestling - freestyle, wrestling - olympic greco-roman, wrestling - olympic freestyle, wrestling - westmoreland, wrestling - cornish, wrestling - grappling, wrestling - beach, wrestling - lancashire or 'catch as catch can'